

Overall Standings

| | Teamname | Racer 1 | Racer 2 | Category | Bib | Finish Time | Start Time | Final Time |
|----|-------------------|-------------------------|-------------------|----------|-----|-------------|------------|------------|
| 1 | | Darin Bentley | n/a | M30 | 93 | 11:38:00 AM | 9:15:12 AM | 2:22:48 |
| 2 | KATRINA & IKE | Dirk-Ike Handke | Mel-Katrina Bos | 2C | 36 | 11:38:40 AM | 9:15:12 AM | 2:23:28 |
| 3 | | Devin Mathews | n/a | M20 | 108 | 11:42:08 AM | 9:15:12 AM | 2:26:56 |
| 4 | | Nicola Gildersleeve | n/a | F20 | 106 | 11:44:03 AM | 9:15:12 AM | 2:28:51 |
| 5 | | Matt Sessions | n/a | M40 | 92 | 11:44:44 AM | 9:15:12 AM | 2:29:32 |
| 6 | | Rob Lang | n/a | m50 | 107 | 11:44:52 AM | 9:15:12 AM | 2:29:40 |
| 7 | | Jason Warren | n/a | M30 | 63 | 11:49:21 AM | 9:15:12 AM | 2:34:09 |
| 8 | running moms | Lora Bartel | Angela Froese | 2F | 41 | 11:52:49 AM | 9:15:12 AM | 2:37:37 |
| 9 | | Darrell Fox | n/a | M40 | 411 | 11:52:57 AM | 9:15:12 AM | 2:37:45 |
| 10 | | Tim Wiens | n/a | M40 | 90 | 11:57:04 AM | 9:15:12 AM | 2:41:52 |
| 11 | | Ronald Darcy Lainchbury | n/a | M30 | 68 | 11:59:02 AM | 9:15:12 AM | 2:43:50 |
| 12 | | Jeff Trigg | n/a | M40 | 86 | 11:59:44 AM | 9:15:12 AM | 2:44:32 |
| 13 | | Michel Richard | n/a | M40 | 94 | 12:02:11 PM | 9:15:12 AM | 2:46:59 |
| 14 | | Wayne Guest | n/a | M40 | 71 | 12:03:30 PM | 9:15:12 AM | 2:48:18 |
| 15 | | Tom Raven | n/a | M50 | 109 | 12:04:47 PM | 9:15:12 AM | 2:49:35 |
| 16 | Aggiesonce | Geoff Hughes-Games | Mark Raymond | 2M | 48 | 12:05:25 PM | 9:15:12 AM | 2:50:13 |
| 17 | | John Dove | n/a | M40 | 84 | 12:06:23 PM | 9:15:12 AM | 2:51:11 |
| 18 | | Joe Krajnyak | n/a | M50 | 101 | 12:09:43 PM | 9:15:12 AM | 2:54:31 |
| 19 | Young and the Old | Gerry Armstrong | Colin Kellington | 2M | 50 | 12:12:03 PM | 9:15:12 AM | 2:56:51 |
| 20 | Erin and Lannie | Erin Creak | Lannie Thielen | 2C | 30 | 12:12:30 PM | 9:15:12 AM | 2:57:18 |
| 21 | | Scot McCardle | n/a | m40 | 72 | 12:17:49 PM | 9:15:12 AM | 3:02:37 |
| 22 | | John Halliday | n/a | M30 | 410 | 12:17:50 PM | 9:15:12 AM | 3:02:38 |
| 23 | J and J show time | Jackson Davis | Jayeson Fairchels | 2M | 34 | 12:17:58 PM | 9:15:12 AM | 3:02:46 |
| 24 | | Heather Vestergaard | n/a | F40 | 102 | 12:19:53 PM | 9:15:12 AM | 3:04:41 |

| | | | | | | | | |
|----|---------------------|---------------------|---------------------|-----|-----|-------------|------------|---------|
| 25 | No imagination | Kelly Laurillard | Rick Padgham | 2C | 39 | 12:21:57 PM | 9:15:12 AM | 3:06:45 |
| 26 | | Greg Adams | n/a | M40 | 95 | 12:22:38 PM | 9:15:12 AM | 3:07:26 |
| 27 | | Michael O'grady | n/a | M60 | 91 | 12:23:12 PM | 9:15:12 AM | 3:08:00 |
| 28 | | Ward Beemer | n/a | M40 | 85 | 12:24:23 PM | 9:15:12 AM | 3:09:11 |
| 29 | | Brent Kokoska | n/a | M50 | 408 | 12:25:13 PM | 9:15:12 AM | 3:10:01 |
| 30 | | Susan Bentley | n/a | F40 | 66 | 12:30:12 PM | 9:15:12 AM | 3:15:00 |
| 31 | | Andrea Martinez | n/a | F30 | 75 | 12:32:32 PM | 9:15:12 AM | 3:17:20 |
| 32 | | Marina Glasgow | n/a | F30 | 80 | 12:32:48 PM | 9:15:12 AM | 3:17:36 |
| 33 | Sara and Denis | Sara Nicholson | Denis Lalonde | 2C | 42 | 12:34:23 PM | 9:15:12 AM | 3:19:11 |
| 34 | | Jim MacElwain | n/a | M30 | 76 | 12:38:48 PM | 9:15:12 AM | 3:23:36 |
| 35 | | Ray Levasseur | n/a | M50 | 83 | 12:39:35 PM | 9:15:12 AM | 3:24:23 |
| 36 | | Harjinder S. Athwal | n/a | M50 | 409 | 12:40:32 PM | 9:15:12 AM | 3:25:20 |
| 37 | | Shandalin Marks | n/a | F20 | 98 | 12:41:51 PM | 9:15:12 AM | 3:26:39 |
| 38 | | Brad Trigg | n/a | M40 | 78 | 12:42:08 PM | 9:15:12 AM | 3:26:56 |
| 39 | | Alex Marks | n/a | M60 | 77 | 12:43:18 PM | 9:15:12 AM | 3:28:06 |
| 40 | | Werener Brune | n/a | M50 | 407 | 12:43:54 PM | 9:15:12 AM | 3:28:42 |
| 41 | | David Marks | n/a | M50 | 97 | 12:43:59 PM | 9:15:12 AM | 3:28:47 |
| 42 | | Graham Dyble | n/a | M40 | 413 | 12:49:59 PM | 9:15:12 AM | 3:34:47 |
| 43 | lewis and kirsten | Luis Polanco | Kirsten MacElwain | 2C | 37 | 12:49:59 PM | 9:15:12 AM | 3:34:47 |
| 44 | TEAM 62 | Kathy Paradis | Heidi Ferris | 2F | 44 | 12:50:30 PM | 9:15:12 AM | 3:35:18 |
| 45 | | Kent Hogan | n/a | M40 | 100 | 12:50:38 PM | 9:15:12 AM | 3:35:26 |
| 46 | ACDC | Marcia Boulanger | Sandra D'archangelo | 2F | 49 | 12:52:02 PM | 9:15:12 AM | 3:36:50 |
| 47 | Rocky Mountain Legs | Hughes Lisa | Megan Campbell | 2F | 40 | 12:53:57 PM | 9:15:12 AM | 3:38:45 |
| 48 | Team Tizzy | Teresa Hough | Isabelle Julien | 2F | 46 | 12:56:50 PM | 9:15:12 AM | 3:41:38 |
| 49 | | Tracy Dodds | n/a | F30 | 88 | 12:56:58 PM | 9:15:12 AM | 3:41:46 |
| 50 | | Sharlene Charlton | n/a | F40 | 69 | 12:57:38 PM | 9:15:12 AM | 3:42:26 |

| | | | | | | | | |
|----|---------------------------|------------------|----------------|-----|-----|-------------|------------|----------------|
| 51 | John Thomas Ridge Runners | Ashfield Ken | Jackson Ian | 2M | 35 | 12:58:54 PM | 9:15:12 AM | 3:43:42 |
| 52 | Moms on the Run | Tracy Wolbeck | Kelly Kallevig | 2F | 38 | 1:00:33 PM | 9:15:12 AM | 3:45:21 |
| 53 | Go For It | Stacey Pickles | Lorna Jensen | 2F | 31 | 1:00:33 PM | 9:15:12 AM | 3:45:21 |
| 54 | Ironrunners | Vince Reimer | Brian Bruinink | 2M | 33 | 1:03:50 PM | 9:15:12 AM | 3:48:38 |
| 55 | | Don Prince | n/a | M50 | 61 | 1:04:40 PM | 9:15:12 AM | 3:49:28 |
| 56 | Seda & Kelsy | Seda Sim | Kelsy Trigg | 2F | 43 | 1:06:50 PM | 9:15:12 AM | 3:51:38 |
| 57 | Blistex | Stephen Blissett | Jessica Devlin | 2C | 29 | 1:07:43 PM | 9:15:12 AM | 3:52:31 |
| 58 | | Garret Sankey | n/a | m40 | 67 | 1:07:43 PM | 9:15:12 AM | 3:52:31 |
| 59 | | Jim Sparks | n/a | M40 | 105 | 1:08:30 PM | 9:15:12 AM | 3:53:18 |
| 60 | | Jeff Long | n/a | M40 | 73 | 1:11:19 PM | 9:15:12 AM | 3:56:07 |
| 61 | Team Sloth | Alain Blondeau | Teri Hubbs | 2C | 45 | 1:11:33 PM | 9:15:12 AM | 3:56:21 |
| 62 | to be announced | Suzu VanDyck | Todd Reiswig | 2C | 47 | 1:11:33 PM | 9:15:12 AM | 3:56:21 |
| 63 | | Lorna McGill | n/a | F50 | 74 | 1:12:07 PM | 9:15:12 AM | 3:56:55 |
| 64 | | Tim Dickson | n/a | M30 | 99 | 1:14:03 PM | 9:15:12 AM | 3:58:51 |
| 65 | | Sarah Bruniski | n/a | F30 | 89 | 1:15:30 PM | 9:15:12 AM | 4:00:18 |
| 66 | | Louisa Lorimer | n/a | F50 | 70 | 1:18:54 PM | 9:15:12 AM | 4:03:42 |
| 67 | | Carmen Langbroek | n/a | F30 | 96 | 1:18:55 PM | 9:15:12 AM | 4:03:43 |
| 68 | | Sandra Jennesen | n/a | F20 | 412 | 1:18:56 PM | 9:15:12 AM | 4:03:44 |
| 69 | | Carolyn King | n/a | F40 | 103 | 1:22:48 PM | 9:15:12 AM | 4:07:36 |
| 70 | | Neil Ambrose | n/a | M40 | 104 | 1:22:48 PM | 9:15:12 AM | 4:07:36 |
| 71 | | Eric Lorenz | n/a | M30 | 87 | 1:24:54 PM | 9:15:12 AM | 4:09:42 |
| 72 | | Marjorie Taylor | n/a | F50 | 64 | 1:43:10 PM | 9:15:12 AM | 4:27:58 |
| 73 | | Janice Vallis | n/a | F50 | 62 | 1:43:10 PM | 9:15:12 AM | 4:27:58 |
| 74 | | Sharon Parry | n/a | F30 | 65 | 1:56:48 PM | 9:15:12 AM | 4:41:36 |

Relay Overall Standings

| | Teamname | Racer 1 | Racer 2 | Categ ory | Bib | Finish Time | Start Time | | Final Time |
|----|---------------------------|--------------------|---------------------|----------------------|------------|--------------------|-------------------|--|-------------------|
| 1 | KATRINA & IKE | Dirk-Ike Handke | Mel-Katrina Bos | 2C | 36 | 11:38:40 AM | 9:15:12 AM | | 2:23:28 |
| 2 | running moms | Lora Bartel | Angela Froese | 2F | 41 | 11:52:49 AM | 9:15:12 AM | | 2:37:37 |
| 3 | Aggiesonce | Geoff Hughes-Games | Mark Raymond | 2M | 48 | 12:05:25 PM | 9:15:12 AM | | 2:50:13 |
| 4 | Young and the Old | Gerry Armstrong | Colin Kellington | 2M | 50 | 12:12:03 PM | 9:15:12 AM | | 2:56:51 |
| 5 | Erin and Lannie | Erin Creak | Lannie Thielen | 2C | 30 | 12:12:30 PM | 9:15:12 AM | | 2:57:18 |
| 6 | J and J show time | Jackson Davis | Jayeson Fairchels | 2M | 34 | 12:17:58 PM | 9:15:12 AM | | 3:02:46 |
| 7 | No imagination | Kelly Laurillard | Rick Padgham | 2C | 39 | 12:21:57 PM | 9:15:12 AM | | 3:06:45 |
| 8 | Sara and Denis | Sara Nicholson | Denis Lalonde | 2C | 42 | 12:34:23 PM | 9:15:12 AM | | 3:19:11 |
| 9 | lewis and kirsten | Luis Polanco | Kirsten MacElwain | 2C | 37 | 12:49:59 PM | 9:15:12 AM | | 3:34:47 |
| 10 | TEAM 62 | Kathy Paradis | Heidi Ferris | 2F | 44 | 12:50:30 PM | 9:15:12 AM | | 3:35:18 |
| 11 | ACDC | Marcia Boulanger | Sandra D'archangelo | 2F | 49 | 12:52:02 PM | 9:15:12 AM | | 3:36:50 |
| 12 | Rocky Mountain Legs | Hughes Lisa | Megan Campbell | 2F | 40 | 12:53:57 PM | 9:15:12 AM | | 3:38:45 |
| 13 | Team Tizzy | Teresa Hough | Isabelle Julien | 2F | 46 | 12:56:50 PM | 9:15:12 AM | | 3:41:38 |
| 14 | John Thomas Ridge Runners | Ashfield Ken | Jackson Ian | 2M | 35 | 12:58:54 PM | 9:15:12 AM | | 3:43:42 |
| 15 | Go For It | Stacey Pickles | Lorna Jensen | 2F | 31 | 1:00:33 PM | 9:15:12 AM | | 3:45:21 |
| 16 | Moms on the Run | Tracy Wolbeck | Kelly Kallevig | 2F | 38 | 1:00:33 PM | 9:15:12 AM | | 3:45:21 |
| 17 | Ironrunners | Vince Reimer | Brian Bruinink | 2M | 33 | 1:03:50 PM | 9:15:12 AM | | 3:48:38 |
| 18 | Seda & Kelsy | Seda Sim | Kelsy Trigg | 2F | 43 | 1:06:50 PM | 9:15:12 AM | | 3:51:38 |
| 19 | Blistex | Stephen Blissett | Jessica Devlin | 2C | 29 | 1:07:43 PM | 9:15:12 AM | | 3:52:31 |
| 20 | Team Sloth | Alain Blondeau | Teri Hubbs | 2C | 45 | 1:11:33 PM | 9:15:12 AM | | 3:56:21 |
| 21 | to be announced | Suzy VanDyck | Todd Reiswig | 2C | 47 | 1:11:33 PM | 9:15:12 AM | | 3:56:21 |

Relay Standings by Category

| | Teamname | Racer 1 | Racer 2 | Category | Bib | Finish Time | Start Time | | Final Time |
|---|-------------------|------------------|-------------------|----------|-----|-------------|------------|--|------------|
| 1 | KATRINA & IKE | Dirk-Ike Handke | Mel-Katrina Bos | 2C | 36 | 11:38:40 AM | 9:15:12 AM | | 2:23:28 |
| 2 | Erin and Lannie | Erin Creak | Lannie Thielen | 2C | 30 | 12:12:30 PM | 9:15:12 AM | | 2:57:18 |
| 3 | No imagination | Kelly Laurillard | Rick Padgham | 2C | 39 | 12:21:57 PM | 9:15:12 AM | | 3:06:45 |
| 4 | Sara and Denis | Sara Nicholson | Denis Lalonde | 2C | 42 | 12:34:23 PM | 9:15:12 AM | | 3:19:11 |
| 5 | lewis and kirsten | Luis Polanco | Kirsten MacElwain | 2C | 37 | 12:49:59 PM | 9:15:12 AM | | 3:34:47 |
| 6 | Blistex | Stephen Blissett | Jessica Devlin | 2C | 29 | 1:07:43 PM | 9:15:12 AM | | 3:52:31 |
| 7 | Team Sloth | Alain Blondeau | Teri Hubbs | 2C | 45 | 1:11:33 PM | 9:15:12 AM | | 3:56:21 |
| 8 | to be announced | Suzy VanDyck | Todd Reiswig | 2C | 47 | 1:11:33 PM | 9:15:12 AM | | 3:56:21 |

| | | | | | | | | | |
|---|---------------------|------------------|---------------------|----|----|-------------|------------|--|---------|
| 1 | running moms | Lora Bartel | Angela Froese | 2F | 41 | 11:52:49 AM | 9:15:12 AM | | 2:37:37 |
| 2 | TEAM 62 | Kathy Paradis | Heidi Ferris | 2F | 44 | 12:50:30 PM | 9:15:12 AM | | 3:35:18 |
| 3 | ACDC | Marcia Boulanger | Sandra D'archangelo | 2F | 49 | 12:52:02 PM | 9:15:12 AM | | 3:36:50 |
| 4 | Rocky Mountain Legs | Hughes Lisa | Megan Campbell | 2F | 40 | 12:53:57 PM | 9:15:12 AM | | 3:38:45 |
| 5 | Team Tizzy | Teresa Hough | Isabelle Julien | 2F | 46 | 12:56:50 PM | 9:15:12 AM | | 3:41:38 |
| 6 | Go For It | Stacey Pickles | Lorna Jensen | 2F | 31 | 1:00:33 PM | 9:15:12 AM | | 3:45:21 |
| 7 | Moms on the Run | Tracy Wolbeck | Kelly Kallevig | 2F | 38 | 1:00:33 PM | 9:15:12 AM | | 3:45:21 |
| 8 | Seda & Kelsy | Seda Sim | Kelsy Trigg | 2F | 43 | 1:06:50 PM | 9:15:12 AM | | 3:51:38 |

| | | | | | | | | | |
|---|---------------------------|--------------------|-------------------|----|----|-------------|------------|--|---------|
| 1 | Aggiesonce | Geoff Hughes-Games | Mark Raymond | 2M | 48 | 12:05:25 PM | 9:15:12 AM | | 2:50:13 |
| 2 | Young and the Old | Gerry Armstrong | Colin Kellington | 2M | 50 | 12:12:03 PM | 9:15:12 AM | | 2:56:51 |
| 3 | J and J show time | Jackson Davis | Jayeson Fairchels | 2M | 34 | 12:17:58 PM | 9:15:12 AM | | 3:02:46 |
| 4 | John Thomas Ridge Runners | Ashfield Ken | Jackson Ian | 2M | 35 | 12:58:54 PM | 9:15:12 AM | | 3:43:42 |
| 5 | Ironrunners | Vince Reimer | Brian Bruinink | 2M | 33 | 1:03:50 PM | 9:15:12 AM | | 3:48:38 |

30 Km Overall Standings

| | Racer 1 | Racer 2 | Category | Bib | Finish Time | Start Time | | Final Time |
|----|-------------------------|---------|----------|-----|-------------|------------|--|------------|
| 1 | Darin Bentley | n/a | M30 | 93 | 11:38:00 AM | 9:15:12 AM | | 2:22:48 |
| 2 | Devin Mathews | n/a | M20 | 108 | 11:42:08 AM | 9:15:12 AM | | 2:26:56 |
| 3 | Nicola Gildersleeve | n/a | F20 | 106 | 11:44:03 AM | 9:15:12 AM | | 2:28:51 |
| 4 | Matt Sessions | n/a | M40 | 92 | 11:44:44 AM | 9:15:12 AM | | 2:29:32 |
| 5 | Rob Lang | n/a | m50 | 107 | 11:44:52 AM | 9:15:12 AM | | 2:29:40 |
| 6 | Jason Warren | n/a | M30 | 63 | 11:49:21 AM | 9:15:12 AM | | 2:34:09 |
| 7 | Darrell Fox | n/a | M40 | 411 | 11:52:57 AM | 9:15:12 AM | | 2:37:45 |
| 8 | Tim Wiens | n/a | M40 | 90 | 11:57:04 AM | 9:15:12 AM | | 2:41:52 |
| 9 | Ronald Darcy Lainchbury | n/a | M30 | 68 | 11:59:02 AM | 9:15:12 AM | | 2:43:50 |
| 10 | Jeff Trigg | n/a | M40 | 86 | 11:59:44 AM | 9:15:12 AM | | 2:44:32 |
| 11 | Michel Richard | n/a | M40 | 94 | 12:02:11 PM | 9:15:12 AM | | 2:46:59 |
| 12 | Wayne Guest | n/a | M40 | 71 | 12:03:30 PM | 9:15:12 AM | | 2:48:18 |
| 13 | Tom Raven | n/a | M50 | 109 | 12:04:47 PM | 9:15:12 AM | | 2:49:35 |
| 14 | John Dove | n/a | M40 | 84 | 12:06:23 PM | 9:15:12 AM | | 2:51:11 |
| 15 | Joe Krajnyak | n/a | M50 | 101 | 12:09:43 PM | 9:15:12 AM | | 2:54:31 |
| 16 | Scot McCardle | n/a | m40 | 72 | 12:17:49 PM | 9:15:12 AM | | 3:02:37 |
| 17 | John Halliday | n/a | M30 | 410 | 12:17:50 PM | 9:15:12 AM | | 3:02:38 |
| 18 | Heather Vestergaard | n/a | F40 | 102 | 12:19:53 PM | 9:15:12 AM | | 3:04:41 |
| 19 | Greg Adams | n/a | M40 | 95 | 12:22:38 PM | 9:15:12 AM | | 3:07:26 |
| 20 | Michael O'grady | n/a | M60 | 91 | 12:23:12 PM | 9:15:12 AM | | 3:08:00 |
| 21 | Ward Beemer | n/a | M40 | 85 | 12:24:23 PM | 9:15:12 AM | | 3:09:11 |
| 22 | Brent Kokoska | n/a | M50 | 408 | 12:25:13 PM | 9:15:12 AM | | 3:10:01 |
| 23 | Susan Bentley | n/a | F40 | 66 | 12:30:12 PM | 9:15:12 AM | | 3:15:00 |

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|----|---------------------|-----|-----|-----|-------------|------------|--|----------------|
| 24 | Andrea Martinez | n/a | F30 | 75 | 12:32:32 PM | 9:15:12 AM | | 3:17:20 |
| 25 | Marina Glasgow | n/a | F30 | 80 | 12:32:48 PM | 9:15:12 AM | | 3:17:36 |
| 26 | Jim MacElwain | n/a | M30 | 76 | 12:38:48 PM | 9:15:12 AM | | 3:23:36 |
| 27 | Ray Levasseur | n/a | M50 | 83 | 12:39:35 PM | 9:15:12 AM | | 3:24:23 |
| 28 | Harjinder S. Athwal | n/a | M50 | 409 | 12:40:32 PM | 9:15:12 AM | | 3:25:20 |
| 29 | Shandalin Marks | n/a | F20 | 98 | 12:41:51 PM | 9:15:12 AM | | 3:26:39 |
| 30 | Brad Trigg | n/a | M40 | 78 | 12:42:08 PM | 9:15:12 AM | | 3:26:56 |
| 31 | Alex Marks | n/a | M60 | 77 | 12:43:18 PM | 9:15:12 AM | | 3:28:06 |
| 32 | Werener Brune | n/a | M50 | 407 | 12:43:54 PM | 9:15:12 AM | | 3:28:42 |
| 33 | David Marks | n/a | M50 | 97 | 12:43:59 PM | 9:15:12 AM | | 3:28:47 |
| 34 | Graham Dyble | n/a | M40 | 413 | 12:49:59 PM | 9:15:12 AM | | 3:34:47 |
| 35 | Kent Hogan | n/a | M40 | 100 | 12:50:38 PM | 9:15:12 AM | | 3:35:26 |
| 36 | Tracy Dodds | n/a | F30 | 88 | 12:56:58 PM | 9:15:12 AM | | 3:41:46 |
| 37 | Sharlene Charlton | n/a | F40 | 69 | 12:57:38 PM | 9:15:12 AM | | 3:42:26 |
| 38 | Don Prince | n/a | M50 | 61 | 1:04:40 PM | 9:15:12 AM | | 3:49:28 |
| 39 | Garret Sankey | n/a | m40 | 67 | 1:07:43 PM | 9:15:12 AM | | 3:52:31 |
| 40 | Jim Sparks | n/a | M40 | 105 | 1:08:30 PM | 9:15:12 AM | | 3:53:18 |
| 41 | Jeff Long | n/a | M40 | 73 | 1:11:19 PM | 9:15:12 AM | | 3:56:07 |
| 42 | Lorna McGill | n/a | F50 | 74 | 1:12:07 PM | 9:15:12 AM | | 3:56:55 |
| 43 | Tim Dickson | n/a | M30 | 99 | 1:14:03 PM | 9:15:12 AM | | 3:58:51 |
| 44 | Sarah Brunneski | n/a | F30 | 89 | 1:15:30 PM | 9:15:12 AM | | 4:00:18 |
| 45 | Louisa Lorimer | n/a | F50 | 70 | 1:18:54 PM | 9:15:12 AM | | 4:03:42 |
| 46 | Carmen Langbroek | n/a | F30 | 96 | 1:18:55 PM | 9:15:12 AM | | 4:03:43 |
| 47 | Sandra Jennesen | n/a | F20 | 412 | 1:18:56 PM | 9:15:12 AM | | 4:03:44 |
| 48 | Carolyn King | n/a | F40 | 103 | 1:22:48 PM | 9:15:12 AM | | 4:07:36 |

| | | | | | | | | |
|----|-----------------|-----|-----|-----|------------|------------|--|----------------|
| 49 | Neil Ambrose | n/a | M40 | 104 | 1:22:48 PM | 9:15:12 AM | | 4:07:36 |
| 50 | Eric Lorenz | n/a | M30 | 87 | 1:24:54 PM | 9:15:12 AM | | 4:09:42 |
| 51 | Janice Vallis | n/a | F50 | 62 | 1:43:10 PM | 9:15:12 AM | | 4:27:58 |
| 52 | Marjorie Taylor | n/a | F50 | 64 | 1:43:10 PM | 9:15:12 AM | | 4:27:58 |
| 53 | Sharon Parry | n/a | F30 | 65 | 1:56:48 PM | 9:15:12 AM | | 4:41:36 |

30 Km Standings by Age and Sex Category

| | Racer 1 | Racer 2 | Category | Bib | Finish Time | Start Time | | Final Time |
|---|-------------------------|---------|----------|-----|-------------|------------|--|------------|
| 1 | Nicola Gildersleeve | n/a | F20 | 106 | 11:44:03 AM | 9:15:12 AM | | 2:28:51 |
| 2 | Shandalin Marks | n/a | F20 | 98 | 12:41:51 PM | 9:15:12 AM | | 3:26:39 |
| 3 | Sandra Jennessen | n/a | F20 | 412 | 1:18:56 PM | 9:15:12 AM | | 4:03:44 |
| | | | | | | | | |
| 1 | Andrea Martinez | n/a | F30 | 75 | 12:32:32 PM | 9:15:12 AM | | 3:17:20 |
| 2 | Marina Glasgow | n/a | F30 | 80 | 12:32:48 PM | 9:15:12 AM | | 3:17:36 |
| 3 | Tracy Dodds | n/a | F30 | 88 | 12:56:58 PM | 9:15:12 AM | | 3:41:46 |
| 4 | Sarah Bruniski | n/a | F30 | 89 | 1:15:30 PM | 9:15:12 AM | | 4:00:18 |
| 5 | Carmen Langbroek | n/a | F30 | 96 | 1:18:55 PM | 9:15:12 AM | | 4:03:43 |
| 6 | Sharon Parry | n/a | F30 | 65 | 1:56:48 PM | 9:15:12 AM | | 4:41:36 |
| | | | | | | | | |
| 1 | Heather Vestergaard | n/a | F40 | 102 | 12:19:53 PM | 9:15:12 AM | | 3:04:41 |
| 2 | Susan Bentley | n/a | F40 | 66 | 12:30:12 PM | 9:15:12 AM | | 3:15:00 |
| 3 | Sharlene Charlton | n/a | F40 | 69 | 12:57:38 PM | 9:15:12 AM | | 3:42:26 |
| 4 | Carolyn King | n/a | F40 | 103 | 1:22:48 PM | 9:15:12 AM | | 4:07:36 |
| | | | | | | | | |
| 1 | Lorna McGill | n/a | F50 | 74 | 1:12:07 PM | 9:15:12 AM | | 3:56:55 |
| 2 | Louisa Lorimer | n/a | F50 | 70 | 1:18:54 PM | 9:15:12 AM | | 4:03:42 |
| 3 | Janice Vallis | n/a | F50 | 62 | 1:43:10 PM | 9:15:12 AM | | 4:27:58 |
| 4 | Marjorie Taylor | n/a | F50 | 64 | 1:43:10 PM | 9:15:12 AM | | 4:27:58 |
| | | | | | | | | |
| 1 | Devin Mathews | n/a | M20 | 108 | 11:42:08 AM | 9:15:12 AM | | 2:26:56 |
| | | | | | | | | |
| 1 | Darin Bentley | n/a | M30 | 93 | 11:38:00 AM | 9:15:12 AM | | 2:22:48 |
| 2 | Jason Warren | n/a | M30 | 63 | 11:49:21 AM | 9:15:12 AM | | 2:34:09 |
| 3 | Ronald Darcy Lainchbury | n/a | M30 | 68 | 11:59:02 AM | 9:15:12 AM | | 2:43:50 |
| 4 | John Halliday | n/a | M30 | 410 | 12:17:50 PM | 9:15:12 AM | | 3:02:38 |
| 5 | Jim MacElwain | n/a | M30 | 76 | 12:38:48 PM | 9:15:12 AM | | 3:23:36 |
| 6 | Tim Dickson | n/a | M30 | 99 | 1:14:03 PM | 9:15:12 AM | | 3:58:51 |
| 7 | Eric Lorenz | n/a | M30 | 87 | 1:24:54 PM | 9:15:12 AM | | 4:09:42 |
| | | | | | | | | |
| 1 | Matt Sessions | n/a | M40 | 92 | 11:44:44 AM | 9:15:12 AM | | 2:29:32 |

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|----|----------------|-----|-----|-----|-------------|------------|--|---------|
| 2 | Darrell Fox | n/a | M40 | 411 | 11:52:57 AM | 9:15:12 AM | | 2:37:45 |
| 3 | Tim Wiens | n/a | M40 | 90 | 11:57:04 AM | 9:15:12 AM | | 2:41:52 |
| 4 | Jeff Trigg | n/a | M40 | 86 | 11:59:44 AM | 9:15:12 AM | | 2:44:32 |
| 5 | Michel Richard | n/a | M40 | 94 | 12:02:11 PM | 9:15:12 AM | | 2:46:59 |
| 6 | Wayne Guest | n/a | M40 | 71 | 12:03:30 PM | 9:15:12 AM | | 2:48:18 |
| 7 | John Dove | n/a | M40 | 84 | 12:06:23 PM | 9:15:12 AM | | 2:51:11 |
| 8 | Scot McCardle | n/a | m40 | 72 | 12:17:49 PM | 9:15:12 AM | | 3:02:37 |
| 9 | Greg Adams | n/a | M40 | 95 | 12:22:38 PM | 9:15:12 AM | | 3:07:26 |
| 10 | Ward Beemer | n/a | M40 | 85 | 12:24:23 PM | 9:15:12 AM | | 3:09:11 |
| 11 | Brad Trigg | n/a | M40 | 78 | 12:42:08 PM | 9:15:12 AM | | 3:26:56 |
| 12 | Graham Dyble | n/a | M40 | 413 | 12:49:59 PM | 9:15:12 AM | | 3:34:47 |
| 13 | Kent Hogan | n/a | M40 | 100 | 12:50:38 PM | 9:15:12 AM | | 3:35:26 |
| 14 | Garret Sankey | n/a | m40 | 67 | 1:07:43 PM | 9:15:12 AM | | 3:52:31 |
| 15 | Jim Sparks | n/a | M40 | 105 | 1:08:30 PM | 9:15:12 AM | | 3:53:18 |
| 16 | Jeff Long | n/a | M40 | 73 | 1:11:19 PM | 9:15:12 AM | | 3:56:07 |
| 17 | Neil Ambrose | n/a | M40 | 104 | 1:22:48 PM | 9:15:12 AM | | 4:07:36 |

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|---|---------------------|-----|-----|-----|-------------|------------|--|---------|
| 1 | Rob Lang | n/a | m50 | 107 | 11:44:52 AM | 9:15:12 AM | | 2:29:40 |
| 2 | Tom Raven | n/a | M50 | 109 | 12:04:47 PM | 9:15:12 AM | | 2:49:35 |
| 3 | Joe Krajnyak | n/a | M50 | 101 | 12:09:43 PM | 9:15:12 AM | | 2:54:31 |
| 4 | Brent Kokoska | n/a | M50 | 408 | 12:25:13 PM | 9:15:12 AM | | 3:10:01 |
| 5 | Ray Levasseur | n/a | M50 | 83 | 12:39:35 PM | 9:15:12 AM | | 3:24:23 |
| 6 | Harjinder S. Athwal | n/a | M50 | 409 | 12:40:32 PM | 9:15:12 AM | | 3:25:20 |
| 7 | Werener Brune | n/a | M50 | 407 | 12:43:54 PM | 9:15:12 AM | | 3:28:42 |
| 8 | David Marks | n/a | M50 | 97 | 12:43:59 PM | 9:15:12 AM | | 3:28:47 |
| 9 | Don Prince | n/a | M50 | 61 | 1:04:40 PM | 9:15:12 AM | | 3:49:28 |

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| 1 | Michael O'grady | n/a | M60 | 91 | 12:23:12 PM | 9:15:12 AM | | 3:08:00 |
| 2 | Alex Marks | n/a | M60 | 77 | 12:43:18 PM | 9:15:12 AM | | 3:28:06 |